

**Message From
The CEO**



Our second Newsletter falls on the heels of my ONE YEAR anniversary with Livingston Medical Group. Where does the time go? This issue covers many activities at the health center, both past and future. There is no better way to understand the valuable services we offer than to spend a few minutes reading this newsletter. Again, if I can be of service, feel free to contact me directly.

Yours for Better Health,
John S. Alexander, MBA

Need an Immigration Physical? Make an appointment with our Civil Surgeon today. 394-7913

Free Classes

Nutrition Education
3:30pm - 5:00pm
July 2 Aug 6 Sept 3
July 9 Aug 13 Sept 10
Contact Isabel Benavidez
(209) 394-1347

In the month of September, LMG will be increasing its patients access to specialty care through telemedicine. Want to know more? Ask your healthcare provider today.

LMG Health Fair

In May we saw over 250 people at our annual health fair. We were able to provide **FREE** health screenings to those who attended. Didn't get a chance to attend this year? Save the date for next year:
Sat., April 30, 2011.

**Get the Scoop
At Livingston Medical Group**

1140 Main Street Livingston, CA 95334 - (209) 394-7913
www.livingstonmedical.org



Volume 1, Issue 2

July 2010

National Health Center Week August 8-14, 2010

Each year, the second week of August is dedicated to recognizing the contributions of health centers in providing access to affordable, high quality, cost-effective health care to medically underserved people in the United States. This years theme: "Turning the Vision into Reality" places the focus on fulfilling the goal of our "Access to All America" plan to provide a medical home to 30 million people by 2015.

In addition, National Health Center Week also designates 3 dates to focus on special populations. This year observes Tuesday, August 10th, as *Health Care in Public Housing Day*, Wednesday, August 11th, as *Healthcare for the Homeless Day*, and Thursday, August 12th, as *Farmworker Health Day*.

On Monday, August 9th, we will have a guest speaker to help us Kick-Off the event by talking about Health Care Reform. Come join us!

To recognize Healthcare for the Homeless on Wednesday, August 11th we will be having a canned-food drive from Wednesday, July 28th - Wednesday, August 11th. We will be delivering the goods to our local food bank on Thursday August 12th. Feel free to bring your donations to our drop off donation box.

Thursday, August 12th we will be going to the Migrant Camp and administering health screenings for our farm workers and their families.

We invite you to join us in our efforts to support National Health Center Week's goals of providing services to our communities.

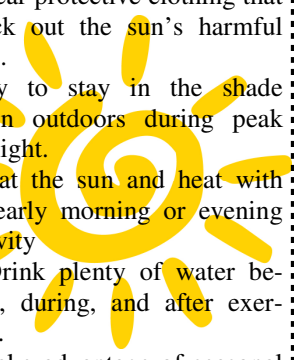
LMG would like to welcome Nora Becerra to the Board of Directors.

Application Assistance:

LMG offers application assistance for Food Stamps, Healthy Families, and Patient Assistance Program (PAP) that assists with medication costs. For more information, or to schedule an appointment, please contact:
Henrietta Barrera
(209) 394-7913 Ext. 1384

Healthy Summer Habits

- *Wear protective clothing that block out the sun's harmful rays.
- *Try to stay in the shade when outdoors during peak sunlight.
- *Beat the sun and heat with an early morning or evening activity
- * Drink plenty of water before, during, and after exercise.
- * Take advantage of seasonal fruits and vegetables



LMG Welcomes New Providers

LMG would like to welcome two new providers, Seth Stabinsky, MD, and Mark Lessner, MD.



In March, Dr. Stabinsky replaced Dr. Blacketer as our new Chief Medical Officer. Dr. Stabinsky brings

over 18 years of clinical experience and is board certified as an OB/GYN. Please join us in welcoming him to the LMG family.



Dr. Lessner is new to Livingston Medical Group as of April of this year. With over 28 years of clinical experience, he is board certified in Family Practice and Pediatrics and is a wonderful addition to LMG.

Conrad Schoenwald, DO, will also be joining us in August. Stay tuned for more information about Dr. Schoenwald in our next newsletter.



Mission Statement:

"Livingston Medical Group is a non-profit community owned health center providing comprehensive primary and preventive health care services to all patients regardless of ability to pay."

ਇਹ ਪ੍ਰਕਾਸ਼ਨ ਪੰਜਾਬੀ ਅਨੁਵਾਦ ਵਿੱਚ ਵੀ ਉਪਲਬਧ ਹੈ
Esta publicacao esta desponivle em portugues se esta intesasedo em
receberuma chama ao telephone 394-7913 ext. 1359